

Perlane Injections Aftercare Instructions

Restrictions

- There are no activity restrictions for this treatment.

What to Expect

- Restylane is injected directly into the skin in tiny amounts by an ultra fine needle, resulting in minimal discomfort. The procedure is simple and convenient, and results are instantaneous.

Side Effects

- Minimal redness, swelling and bruising.
- Patients should avoid aspirin and nonsteroidal anti-inflammatory drugs such as Motrin, Advil, St. John's Wart or high doses of Vitamin E supplements, etc. for 7 to 14 days prior to injection because these substances can cause increasing bruising or bleeding at the injection site.
- If you have previously suffered from facial cold sores, there is a risk that the needle punctures could contribute to another recurrence.

Length of Effects

- The benefits of Restylane injections usually last 6 - 12 months.

Follow-Up Care

- Follow-up appointment 2 weeks after treatment.
- No activity restrictions.
- No special treatment site care.
- Return visit every 6 months to maintain results.

For Medical Questions, Please Call:

- **For emergencies please dial 911.**
- For questions about your post procedural care please call 949.489.1317 during normal office hours; after office hours or on weekend and nights, please leave a message with the DrTen20 answering service.