

Radiesse Dermal Filler Aftercare Instructions

What can I expect after treatment?

Immediately following a treatment session with RADIESSE dermal filler redness, bruising or swelling may occur in the treatment area. These signs usually go away in a short period and are generally mild in nature. An ice pack may be applied to the treatment area to help reduce swelling.

For approximately 24 hours after treatment:

- Avoid significant movement or massage of the treated area.
- Do not apply makeup.
- Avoid extensive sun or heat exposure.

After you leave the office, you may experience redness, bruising or swelling for a few days. Not all patients experience these, but please note that such effects can occur and are not out of the ordinary for such a treatment. You may be able to feel the area where RADIESSE dermal filler was injected for some period after injection. Over time, the injected area will feel more and more like your own tissue.

How quickly can I get back to my daily activities?

Most patients feel comfortable going back to their normal activities immediately after treatment with RADIESSE dermal filler

How many treatments are required?

Your doctor will decide with you the number of treatment sessions and the amount of RADIESSE dermal filler you will need at each treatment session. Generally, significant changes may be achieved in a first treatment. A touch-up may be required to achieve optimal results.

Without touch-up injections, how will my skin look?

Your skin will begin to gradually look like it did before treatment as you near the end of the time period RADIESSE dermal filler usually lasts. Periodic touch up injections will help you maintain the look you have after treatment.

What other things do I need to know?

The Microspheres in RADIESSE dermal filler can be seen in X-rays and CT Scans. It is very important that you inform your doctor and other health care professionals that you have RADIESSE dermal filler injected in your face. Even though RADIESSE dermal filler can be seen in X-rays and CT Scans, there is not a high risk that it would cause your doctor concern, as long as s/he knows that you have had RADIESSE dermal filler injected in your face.

Follow-Up Care

- Follow-up appointment 2 weeks after treatment.
- No activity restrictions.
- No special treatment site care.
- Return visit every 6 months to maintain results.

For Medical Questions, Please Call:

- **For emergencies please dial 911.**
- For questions about your post procedural care please call 949.489.1317 during normal office hours; after office hours or on weekend and nights, please leave a message with the DrTen20 answering service.