

# Restylane Injections Aftercare Instructions

## Restrictions

- There are no activity restrictions for this treatment.

## What to Expect

- Restylane is injected directly into the skin in tiny amounts by an ultra fine needle, resulting in minimal discomfort. The procedure is simple and convenient, and results are instantaneous.

## Side Effects

- Minimal redness, swelling and bruising.
- Patients should avoid aspirin and nonsteroidal anti-inflammatory drugs such as Motrin, Advil, St. John's Wart or high doses of Vitamin E supplements, etc. for 7 to 14 days prior to injection because these substances can cause increasing bruising or bleeding at the injection site.
- If you have previously suffered from facial cold sores, there is a risk that the needle punctures could contribute to another recurrence.

## Length of Effects

- The benefits of Restylane injections usually last 6 - 12 months.

## Follow-Up Care

- Follow-up appointment 2 weeks after treatment.
- No activity restrictions.
- No special treatment site care.
- Return visit every 6 months to maintain results.

## For Medical Questions, Please Call:

- **For emergencies please dial 911.**
- For questions about your post procedural care please call 949.489.1317 during normal office hours; after office hours or on weekend and nights, please leave a message with the DrTen20 answering service.